

Ballet
Met

EDUCATION

BALLETMET'S PROFESSIONAL DEVELOPMENT WORKSHOP

For Pre-K - Grade 5 Educators
3 Hours Available for ODE and SUTQ Credit

Join us at BalletMet for this two part program on:

- Trauma-Sensitive Education and Restoration led by Dr. Lee Shackelford and Ambre Emory-Maier
- Working with Students with Special Needs led by Dr. Jacqueline Wynn

Date & Time: Friday, September 27th 8:00-2:00
8:00-11:00 Dr. Lee Shackelford and Ambre Emory-Maier
12:00-2:00 Dr. Jacqueline Wynn

Cost: \$20 (Free for 2019-2020 participating classroom teachers of *The Wiggle Jig* program)

Location: BalletMet Dance Centre — 322 Mt. Vernon Ave. Columbus, OH 43215

Deadline to Register: Friday, September 20th

Trauma-Sensitive Education and Restoration: This workshop offers early childhood educators opportunities to learn more about trauma-sensitive education practices and how consistent work in the class using movement, breath practices and mindfulness through body awareness and cognition helps to restore and nurture the nervous system.

Working with Students with Special Needs: This workshop allows educators to work with Dr. Wynn to learn ways to manage behaviors of students with special needs in Pre-K to 5th grade. Learn about developing positive intervention practices towards skill acquisitions while having fun.

For more information and to
RSVP contact Leigh Lijoi, Education Coordinator
llijoi@balletmet.org or
(614) 586.8629

Presenter Biographies:

Lee Shackelford, MD RYT-500 graduated from Williams College and The Ohio State University College of Medicine. She completed her training in General Adult and Child Psychiatry at The Ohio State University. While practicing psychiatry she developed an interest in the benefits of yoga for her patients through continuing education courses in Boston. After sustaining a fractured fibula while walking her dog, she decided to explore yoga for herself. Following a year of instruction and practice she entered training to teach yoga at Yoga On High studio in Columbus. She continued her training with courses and yoga workshops in Massachusetts and California in trauma-sensitive techniques as well as training in neurofeedback in Asheville, North Carolina. Dr. Shackelford enjoys practicing and teaching yoga and sharing yoga practices for self-care with residents in psychiatry at OSU. She also enjoys visiting her three adult children and her granddaughter in Philadelphia and San Francisco and serving as a trustee of the Promusica Chamber Orchestra.

Jacqueline Wynn, Ph.D., a licensed psychologist, is the director of Nationwide Children's Center for Autism Spectrum Disorders, which opened its doors in 2000. She received her Ph.D. in psychology from UCLA, where she worked with Ivar Lovaas to research outcomes of behavioral intervention. She has taught behavioral interventions for autism at UCLA and The Ohio State University. Wynn is a clinical assistant professor of pediatrics and an assistant adjunct professor of special education at OSU. She is a member of the Ohio Autism Coalition for Applied Behavior Analysis. Jacquie is married (to another psychologist!) and has three busy children, ages 11, 9, and 6. She enjoys her work and her children, and looks forward to travel and hobbies sometime in the future!

Ambre Emory-Maier, MFA., MA., BA, RYT-500 is the Director of Education for BalletMet and Associate Director of BalletMet 2. She was the former Director of Education and Outreach for North Carolina Dance Theatre (NCDT) now Charlotte Ballet. Previously, she was a faculty member and Assistant Chairperson in the University of Hartford/Hartford Ballet's Dance Division. Ms. Emory-Maier has presented nationally at the NDEO, Dance Studies Association (DSA), International Council for Kinetography Laban (ICK)L and CORPS DE BALLET conferences. Ambre is an iRest® Level 2 Teacher of a unique practice of meditation that promotes self-regulation, resiliency and stress reduction. Her most recent article, "The Wiggle Jig: A Comprehensive Outreach Program Developed by BalletMet" was published in April 2016 in the Dance Education in Practice journal. Ambre enjoys travelling, reading, gardening, and spending time with her adult daughter, husband and many pets.